

CURRICULUM VITAE

JODI SLEEPER-TRIPLETT, MCC, SCAC, BCC

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PERSONAL PROFILE

Founder and CEO of JST Coaching, LLC - Designs and implements student coach training programs for individuals, groups, academic institutions and organizations around the world. Provides coach mentoring for aspiring and experienced coaches and one-on-one coaching services for children, teens, college students, adults and their families.

PRESENTATION/FACILITATION/TRAINING EXPERIENCE:

- Co-Facilitator and Presenter, Calling In Power & Culture Summit, Toronto, Canada. September 2017
- Presenter, Experience the Impact of Academic Coaching, a Tool to Increase Success and Self-Determination in Students AHEAD Conference 2017
- Presenter, ADHD Professionals Conference, *Coaching Students and Parents, Demonstration & Discussion*. April 28 -30, 2017.
- Presenter, *Fostering Student Self-Determination and Enhancing Learning through Coaching*. CHADD, November 10-12, 2016.
- Presenter, *The Core Competencies through the Lens of ADHD Coaching*, ICF Philadelphia Professional Day, Philadelphia, PA, October 2016.
- Panelist, *Coaching Panel for FS Retirees*, Foreign Service Institute, Arlington, VA, October 2016.
- Presenter, *Fostering Student Self-Determination and Enhancing Learning through Coaching*, 12th International Congress about ADHD - Fundación Cultural Federico Hoth-Proyectodah, Mexico City, Mexico, September 2016.
- Presenter, *The Benefits of ADHD and Life Skills Coaching*, NF Family Day, NIH Bethesda, MD, September 2016.
- Pre-Conference Co-Presenter, *Promoting Self-Determination: A Key to Resilience, Retention and Post-Graduation success*. AHEAD Conference, July 2016.
- Presenter, *Fostering Student Self-Determination and Enhancing Learning through Coaching*, AHEAD Conference, July 2016.
- Pre-Conference Speaker, *What Floats Your Boat? Refining Your Coaching Niche for Joy and Success*, ACO Conference, April 2016.
- Keynote Speaker, PACER 10th Annual Symposium, Minneapolis, MN, July 2015.
- Trainer, School-Based Coach Training, Edge Foundation, Seattle, WA, July and August 2015.
- Keynote Speaker, *Expanding our Horizons Creating Opportunities for Diversity in Coaching*, ACO Conference, May 2015.
- Plenary Speaker, AHEAD Management Institute, Tampa, FL, February 2015.
- Presenter, Transitions Conference, Lynn University, Boca Raton, FL, January 2015.
- Trainer, *Coaching Teens and College Students with ADHD*, June 2005 to present.
- Trainer, *Coaching Children with ADHD*, September 2008 to present.
- Trainer, *3-Day Intensive Training: Coaching Teens & College Students with ADHD*, August 2012 to present.
- Trainer, *Advanced Coaching Skills Practicum*, December 2012 to present

- Trainer, *Improve Your Connection to College Students with Coaching Skills*, January 2013 to present.
- Preconference presenter, *Beyond Accommodations: An In-Depth Look at ADHD/EF/LD Coaching*. CHADD, November 13-15, 2014.
- Trainer, *School-Based Coach Training*, Edge Foundation. Seattle, WA, September–October 2014.
- Presenter, *Increase Resiliency & Well-Being in Young Adults and College Students with ADHD*, NAPO Metro DC Chapter, September 26, 2014.
- Presenter, *Increase Resiliency & Well-Being in Young Adults and College Students with ADHD*, ADDA Annual Conference, July 26, 2014.
- Presenter, *Accessing Student Potential through Coaching*, AHEAD Conference, July 15, 2014.
- Presenter, *Increase Your Resiliency and Well-Being & Improve Your Life!* ADDA Webinar, April 30, 2014.
- Presenter, *Executive Functioning Strategies to Empower Your Child*. ACPS Parent Resource Center, January 29, 2014.
- Presenter, *The Resilient ADHDER: How to Bounce Back from Stress and Transitions*, ADDitude Webinar, December 12, 2013.
- Presenter, *ADHD Coaching For Educators and Students - Overcome Your Challenges*, NYS AHPERD 76th Annual Conference, November 2013.
- CHADD Annual International Conference, Washington, DC, November 7-9, 2013.
 - Presenter, *Increase Resiliency & Well-Being with ADHD Coaching*
 - Facilitator, Coaching Networking Session
- Presenter, *Tips for Transitioning to College*, 2013 ADHD Awareness (Online) Expo, October 20-26, 2013.
- Speaker and Trainer. *Coaching Teens & College Students with ADHD*. Istanbul, Turkey, October 1-4, 2013.
- Presenter. *ADHD Informational Seminar for Parents*. Istanbul Turkey, October 2013
- Trainer, 3-Day Intensive Training: *Coaching Teens & College Students with ADHD*, University of Alabama, July 31, 2013.
- Presenter, *Beyond Accommodations: An In-Depth Look at ADHD/EF/LD Coaching*, AHEAD Conference, July 9, 2013.
- Trainer, 3-Day Intensive Training: *Coaching Teens & College Students with ADHD*, Flint Hill Prep School, April 8, 2013.
- Presenter, *The Challenges of Life Transition for Young Adults with ADHD*, ADD Resources, January 8, 2013.
- Presenter, *Empowering Youth with ADHD: Coaching Toward Success*, NYS AHPERD 75th Annual Conference, November 14-17, 2012.
- Presenter, *Making your ADHD Coaching Practice Work for You and Your Clients with Nancy A. Ratey and ADHD Coaching – A Family Affair*, 24th Annual International Conference on ADHD, November 8-11, 2012.
- Presenter, *Coaching Youth and Adults with ADHD - An Empowering Process*, NOVA CHADD Conference: ADHD Across the Lifespan, October 20, 2012.
- Presenter, *Social Skills Issues for Teens & Young Adults*, 2012 ADHD Awareness Expo, October 16, 2012
- Presenter, *Managing the Challenges of Life Transitions for Young Adults with ADHD*, 5th Annual Virtual ADHD Conference, October 1, 2012.
- Presenter, *Empowering Youth with ADHD: Coaching Toward Success*, 1st Annual UVU Symposium on ADHD, September 28, 2012.
- Presenter, *Coaching Youth and Adults with ADHD, Accomplishment Coaching*, September 26, 2012.
- Presenter, *Student ADHD Coaching at Impact ADHD's 1st Tele-Summit*, August 29, 2012.

- Presenter, *Empowering Youth with ADHD: Coaching Toward Success*. Recovery Coaches International teleseminar, July 18, 2012.
- Presenter, *The Challenge of Life Transitions for Young Adults with ADHD: Coaching Can Help*. CHADD Regional Educational Conference, Baltimore, MD, May 19, 2012.

- Speaker and Trainer, *Coaching Teens & College Students with ADHD*. Istanbul, Turkey, March 16-18, 2012.
- Trainer, *Coaching Skills Training*. Ocean County Community College, Toms River, NJ, February–April 2012.
- Presenter, *Empowering Youth With ADHD: Coaching Toward Success*. ADDResources Webinar, January 10, 2012.
- CHADD Annual Conference, Orlando, FL, November 2012.
 - Presenter, *Empowering Youth With ADHD: Coaching Toward Success*.
 - Facilitator, Coaching Networking Session
- Presenter. *Coaching Strategies for Overwhelmed Families: Bring Back Balance*. CHADD of Northern Virginia, November 2, 2011.
- Trainer, *Coaching Skills Training*. Northern Virginia Community College, Alexandria, VA, September 2011-January 2012.
- Trainer, *Coaching Teens & College Students with ADHD, 3-Day Format*. Provo, UT, September 14-16, 2011.
- Trainer, *Coaching Skills Workshop*. Woodberry Forest School, Woodberry Forest, VA, August 2011.
- Guest Speaker, *Empowering Youth With ADHD. Succeed with ADHD Telesummit*, June 23, 2011.
- Presenter, *Masterful Coaching*. ADHD Coaches Organization, 4th Annual Conference, April 30, 2011.
- Presenter, *Effectiveness of Coaching for Children & Teens with ADHD*. Virginia Nurses Association Group. Reston Hospital Center, Reston, VA, April 13, 2011.
- Trainer, *Coaching Adolescents and Young Adults, Coaching Skills Workshop*. Ocean County Community College, Toms River, NJ. Six week course, February–April 2011.
- Presenter, *Empowering Goal Setting Strategies for ADHD/LD Young Adults*. LDA Annual Conference, Jacksonville, FL, February 25, 2011.
- Presenter, *Empowering Youth with ADHD*. ADD Classes Teleseminar, January 18, 2011.
- Trainer, *Coaching Adolescents and Young Adults, Coaching Skills Workshop*. College Success Foundation. Seattle WA, January 11-12, 2011.
- Presenter, *From High Risk to High Potential: Transition Issues for High School and College Students with ADHD*. CHADD of Northern VA, Fairfax, VA, November 18, 2010.
- Presenter, *Coaching Youth and Adults with ADHD – An Empowering Process*. Metro DC ICF Chapter, Vienna, VA, November 16, 2010.
- CHADD Annual Conference, Atlanta, GA, November 2010.
 - Presenter, *The Positive Impact of Coaching on Family Dynamics*
 - Panelist, *ADHD Coaching Examined: Results from a Study on Quantifying the Effects of ADHD Coaching for Students in Higher Education*.
 - Facilitator, Coaching Networking Session
- Presenter, *Empowering College Students with ADHD*, 3rd Annual Virtual ADHD Conference, October 6, 2010.
- Presenter, *ACO Expert Speakers Series, Coaching Youth with ADHD*, September 21, 2010.
- Presenter, *Coaching Youth with ADHD – An Empowering Process, ASTD/CBODN SIG*, Sept. 7, 2010.

- Presenter, *Discover the Power of LD/ADHD College Coaching*. 2009 AHEAD Conference, Denver, CO, July 14, 2010.
- Guest Speaker, *Coaching For Teens with ADHD. Ask the Expert Series*, CHADD National Resource Center on ADHD, April 2010.
- Presenter, *Empowerment through Coaching: Success for Middle and High School Students with ADHD*. CHADD of Northern VA, Fairfax, VA, March 2010.
- Presenter, *ADHD/Executive Function Coaching: The Premises, the Promises, and the Potential*. LDAMC, CHADD, and the GT/LD Network of Montgomery County, MD, November 2009.
- Guest Trainer, Mentor Coach, November 23, 2009.
- Guest Speaker, Attention Talk Radio, October 30, 2009.
- Trainer, *Coaching Teens with ADHD*. Silverton School District, Silverton, OR, October 21-23, 2009.
- CHADD Annual Conference, Cleveland, OH, October 2009.
 - Presenter, *Discover the Power of Coaching for College Students with ADHD*
 - Panelist, Panel of Masterful Coaches: *Striking a Delicate Balance*
 - Moderator, *Managing the Nuances of Coaching for Adolescents and Young Adults with ADHD: A Panel Discussion*
 - Facilitator, Coaching Networking Session
- Presenter, *Coaching Kids and Teens: Discover the Fountain of Youth!* ICF DC Metro Annual Conference, June 2009.
- Trainer, ADHD Coach Training. University of the Ozarks, Clarksville, AR, May 2009.
- Presenter, *Balancing Your Daily Life: Coaching Strategies for Adults with ADHD*. CHADD Educational Conference, Baltimore, MD, May 2009.
- Trainer, Coaching Skills Training, Grossmont-Cuyamaca Community College (GCCCD) El Cajon, CA, March–May 2009.
- Presenter, Chesapeake Psychological Services, February 13, 2009.
- Presenter, ADDvisors. *The Power of Coaching for Teens & College Students with ADHD*, January 2009.
- CHADD Annual Conference, Anaheim, CA, November 2008.
 - Presenter, Pre-conference Workshop, *Empowering Teens & College Students with ADHD*
 - Presenter, *Put Life into Your ADHD Coaching Skills*
 - Facilitator, Coaching Networking Session
- Presenter, Virtual ADHD Conference, *Success Strategies for Teens & College Students with ADHD*, September 2008.
- Trainer, Edge Foundation Coaching Courses, September 2008 to January 2009.
- Trainer, Coaching Teens & College Students. Newfield Network tele-course, October 2008.
- Trainer and Co-Facilitator, ADHD Coaches Organization, St. Louis, MO. *Managing ADHD Coaching Challenge*, May 2, 2008.
- Presenter, *Coaching Teens and College Students*. ADDResources, January 2008.
- CHADD Annual Conference, Washington, DC, November 2007.
 - Trainer and Co-Facilitator, *Managing ADHD Coaching Challenges*
 - Presenter, *Coaching Kids and Teens with ADHD – It Works!*
 - Facilitator, Coaching Networking Session
- Trainer, *Coaching Kids & Teens*. Newfield Network tele-course, September 2007.
- CHADD Annual Conference, Chicago, IL, October 2006.
 - Trainer and Facilitator, *What They Did Not Teach You in Coaching School*
 - Presenter, *Creating a Successful Coaching Partnership*
 - Facilitator, Coaching Networking Session

- Trainer, ADDResources Teleclass, *Coaching Kids and Teens with ADHD*, September 2006.
- Presenter, 2006 Utah Spring Mental Health Conference, Park City, UT *Action-Oriented Coaching for the Recovery Phase*, May 2006.
- Trainer, Christopher Newport University, Newport News, VA *Coaching College Students with ADHD*, March 2 -3, 2006.
- Trainer, neuroscience, Inc. Herndon, VA. *Coaching Skills Training Workshop*, December 2005.
- Trainer and Facilitator, Advanced Skills for Coaching Adults with ADHD. CHADD Annual Conference, Dallas, TX, October 2005.
- Presenter, ADHD Professionals Group, Fairfax, VA. *What is ADHD Coaching?* October 2005.
- Trainer, George Mason University, Student Services Department. Fairfax, VA, *Coaching College Students with ADHD*, July 2005.
- Trainer, scenic view Center, Provo, UT. *Coaching Skills Training Workshop*, February 2005.
- Speaker, Trinity Christian School, Fairfax, VA, *Strategies for Teaching Students W/ADHD*, January 2005.
- Speaker, Success Unlimited Network, Skills Practice. Reston, VA. *Strategies for Coaching Clients with ADHD and Related Issues*, November 2004.
- CHADD Annual Conference, Nashville, TN, October 2004.
 - Trainer and Facilitator, *Coaching Skills for ADHD Professionals*
 - Presenter, *Coaching Teens: Establishing and Maintaining Rapport*
 - Facilitator, Coaching Networking Session
- Facilitator, CHADD of Northern Virginia. *Discovering the Positive Traits of ADHD*, May 2004.
- CHADD Annual Conference, Denver, CO, October 2003.
 - Presenter, *Family Coaching - A Dynamic Approach to Positive Change*
 - Facilitator, Coaching Networking Session
 - Facilitator, Focused Networking Session: *Strategies and Tools for the Experienced ADHD Coach*
- Presenter, National Attention Deficit Association Conference, Portsmouth, VA *Coaching Teens: Establishing and Maintaining Rapport*, May 2003.
- Presenter, National Attention Deficit Association Conference, Portsmouth, VA, *Coaching Overwhelmed Families Toward Success*, May 2003.
- CHADD of Northern Virginia
 - Speaker, *Coaching through the Lifespan*
 - Parent Group and Adult Group, 1997-2003
 - Facilitator, Small Parent Support Group, 1998-2003
- Speaker, George Mason University, Fairfax, VA. *Coaching for the ADHD College Student*, November 2002.
- Speaker, Langley School, McLean, VA. *Time Management & Organizational Tips for Overscheduled Parents and Students*, November 2002.
- Program facilitator/coordinator, CHADD Annual Conference, Miami Beach, FL. *Create an Ideal Conference Experience*, October 2002.
- Presenter, National Attention Deficit Association Conference, Chicago, IL. *Family Coaching – A Dynamic Approach to Positive Change*, May 2002.
- Presenter, Maryland State Interdisciplinary Conference on ADHD. *Family Coaching – A Dynamic Approach to Positive Change*, March 2002.
- Speaker, Herndon High School Parent Group, Fairfax County Public Schools, Herndon, VA, 2001.
- Instructional Workshops, *“Back to School Skills for Students with ADHD,”* 1997-2001.
- *“Time Management for Overwhelmed Parents”* Parent Resource Center presentation, Fairfax County Public Schools, 2000.

- Staff training, *"Time Management and Coaching"*, Jewish Social Service Agency, Annandale, VA, 2000.
- Speaker, Clearview School PTA, Fairfax County Public Schools, Herndon, VA, 1999-2000.
- Staff training, Summer Fun Program, Herndon Parks and Recreation Department, 1999.
- Staff training, Coaching and ADD, Fairfax County Public Schools, Fairfax Station, VA, 1999.
- Assistant Trainer, *Catalytic Coaching*, 1998-1999.
- ADHD Workshop Leader, Great River Area Education Agency, Burlington, IA, 1998.
- Attention Deficit Disorder Association National Conference, Washington, DC
 - Presenter, *"Coaching Kids, Teens and Families,"* 1998.
 - Roundtable Facilitator, 1998.
- Workshop, *"What ADD Coaching Can Do for You"*, Herndon, VA, 1998.
- *"Coaching as a Part of the ADD Treatment Plan"* George Mason University Graduate Students, Vienna, VA, 1998.
- *"Skill Building and Coaching Strategies for Adults with ADD"*. Fairfax County Public Schools, Office of Adult and Community Education, 1997.
- ADHD Workshop, Sylvan Learning Center, Reston, VA, 1997.
- ADHD Clinical Staff In-Service Training, The Women's Center, Vienna, VA, 1997.
- ADHD Workshop, Northern Virginia Family Services, Falls Church, VA, 1997.
- Clinical Staff Training, ADHD and Coaching. Northern Virginia Family Services, Herndon, VA, 1997.
- Professional Brown Bag, *"Coaching and ADHD"*, Family Counseling Center, Oakton, VA, 1997.
- Facilitator, Conflict Resolution Task Force, Clearview School, Herndon, VA, 1996-1997.

PROFESSIONAL EXPERIENCE:

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| • Life Coaching and ADHD Coaching | 1996-Present |
| • Board Member, Association of Coach Training Organizations (ACTO) | 2017-2019 |
| • Advisory Board Member, Proyectodah | 2017-Present |
| • Calling In Power & Culture Summit Planning Committee | 2016- |
| • Coaching Track Chair, CHADD International Conferences | 2004-2015 |
| • Director of Training, Edge Foundation | 2007-2011 |
| • Co-Founder, Institute For The Advancement of ADHD Coaching | 2004-2007 |
| • Professional Advisory Board, CHADD of Northern VA | 2001-2006 |
| • Chairperson, Professional Advisory Board, CHADD of Northern VA | 2001-2005 |
| • Board Member, CHADD of Northern VA | 1998-2006 |
| • ADHD Coaches Credentials Committee, American Coaching Association | 1998 |
| • Business & Marketing Manager, Maurer & Associates. Arlington, VA | 1991-1996 |
| • Community Representative, Disabilities Task Force, George Mason University, Fairfax, VA | 1997 |
| • Educational Consultant, Discovery Toys, Livermore, CA | 1987-1989 |
| • Manager, Telecommunications, Training And Management Services, Kay Jewelers Inc., Corporate Headquarters. Alexandria, VA | 1981-1987 |
| • Paralegal Intern. Public Defender Service, Mental Health Division; St. Elizabeth's Hospital, Washington, DC | 1979-1980 |
| • Assistant Counselor, Grove Street Halfway House, Northampton, MA | 1978-1979 |
| • Educational Services Intern, Belchertown State School, Belchertown, MA | 1977-1978 |
| • Behavior Management Intern/Tutor, Fernald State School, Waltham, MA | 1975-1977 |

PUBLICATIONS/RESEARCH

- Contributing Author: Sleeper-Triplett J, *Becoming Self-Determined: Creating Thoughtful Learners in a Standards-Driven, Admissions-Frenzied Culture*, Sharon Field, Ed.D. and David R. Parker, Ph.D. (Editors) July 2016
- Deal LS, Sleeper-Triplett J, DiBenedetti DB, Nelson L, McLeod L, Haydysch EE, Brown TM. *Development and Validation of the ADHD Benefits of Coaching Scale (ABCS)*. *Journal of Attention Disorders*. December 2014
- *The Fundamentals of ADHD Coaching for Students*, SEEN Magazine April 2014
- *Is ADHD Coaching Right for My Teen*, Attention Magazine December 2013
- *ADHD Coaching: What It Is and Who It May Help*, ADHD: A Shared Focus Newsletter September 18, 2013
- *The Fundamentals of Coaching Young People*, Guest Writer Attention Talk News July 23, 2013
- *Success At School – Ask The Expert*, ADDitude Magazine Fall 2013
- Like the Teen You Love, ADDitude Magazine Spring 2012
- *Tips from the ADHD Coach*, ADDitude Magazine Fall 2011
- Strategic Coaching for LD and ADHD, Ratey & Sleeper-Triplett. Chapter 15, *Learning and Attention Disorders in Adolescence and Adulthood, Assessment and Treatment*. Goldstein, Naglieri, DeVries March 2011
- *What is ADHD Coaching?* Keath Low, ADD.About.com January 2011
- *ADHD and Risky Behaviors in Adults*, Katherine Kam, WebMD.com <http://www.webmd.com/add-adhd/features/adhd-dangerous-risky-behavior> January 2011
- *Coaching and Youth with ADHD*, Attention Magazine, CHADD October 2010
- *Empowering Youth With ADHD: Your Guide to Coaching Adolescents and Young Adults with ADHD for Coaches, Parents and Professionals*. Specialty Press September 2010
- *Coach Assisted Transitioning to College and Independence*. LDAU Newsletter October 2009
- *The Effectiveness of Coaching For Children and Teens with ADHD*. *Pediatric Nursing*. Volume 34, Number 5. September/October 2008. *Coaching Kids and Teens with ADHD – It Works!* (Published in Spanish and English)
 - Asociación Peruana de Déficit de Atención, Boletín electrónico n.º 14 December 2006
- ADHD Coaching Strategies for Success. Family Coaching. Fall 2004
- WV Parent Training and Information Project Training Manual. ADHD Coaching Q&A for Parents. 2001
- Featured in “No Panic. No Shame. Just Doing a Job.” New York Times June 14, 2000
- Family Dynamics in ADD Coaching, CHADD Quarterly Newsletter 1998
- A New Year’s Recipe for Success, Coaching Works, American Coaching Association Winter 1997

TELEVISION AND RADIO

- *Coaching Youth and Adults with ADHD*, Accomplishment Coaching The Coaching Show with Christopher McAuliffe September 2012
- *ADHD: Transitioning from Adolescent to Adult*, Attention Talk Radio, February 2012
- Interview with The Stepmom Coach, Blog Talk Radio January 2012
- *How ADHD coaching can help a person with ADD/ADHD*, Psyched Radio Show November 2011
- *Coaching Teens with ADHD: What Every Parent Needs to Know*, NRC on ADHD November 2011
- *ADHD Scholarships with ADHD Coaching*, Attention Talk Radio October 2011
- Special Guest Speaker, ADHD Awareness Expo October 2011
- *Improving Coaching Skills for College Students*, The Coaching Show September 2011
- *ADD/ADHD Parenting Tips From an ADHD Coach*, ADDitude Magazine Fall 2011
- *ADHD: Motivation is the Key to Learning*, Attention Talk Radio with Jeff Copper August 2011
- *Students with ADHD can Benefit from a Coach*, CNN Headline News January 2011
- Attention Talk Radio with Jeff Copper January 2011
- LA Talk Radio January 2011
- Blog Talk Radio December 2010
- CBS Atlanta News at 4 November 2010
- WOCM-AM/ Ocean City, MD November 2010
- WKBK-AM/southern NH November 2010
- WIP-AM/Philadelphia PA October 2010
- Syndication Radio Network – national October 2010
- KBUL-AM/ Billings, MT October 2010
- WPHM-AM/Detroit MI October 2010
- Money Matter Network – national October 2010
- WSYR-AM/Syracuse NY October 2010
- WZLX-FM/Boston MA September 2010

EDUCATION

BA, Cum Laude, Human Services/Mental Health.
University Of Massachusetts, Amherst, MA 1980

TRAINING

- Continuing Education – Coaching Courses, Seminars, Workshops 2000-present
- Listening to Bodies Long Distance, Suzanne Zeman Fall 2013
- Association for Coach Training Organizations Conference 2012, 2015-
- Conversations Among Masters Conferences 2009-, 2011, 2017
- Insights - Coaching For Awareness. Vicki Escude, MCC March – April 2007
- Effectively Coaching the A-Typical Client, Ratey and Martin January/February 2006

- International Coach Federation Conference November 2005
- Success Unlimited Network, Life Purpose Facilitation Training 2003
- Coaches Training Institute, Co-Active Coaching Training 2002-2003
- ADDA Continuing Education for Coaches May 2003
- ADHD/NLP: Thom Hartmann's Two Days to Transformation 2001
- ADD Coach Training & Certification. American Coaching Association 2000
- Catalytic Coaching, Washington, DC Training Workshops 1999
- Asperger's Syndrome Symposium—*Social Skills Training for Treatment of Clients with Asperger's Syndrome.* 1999
- ADD Adolescents in the Classroom. Fairfax County Public Schools ADD Partnership Program 1998
- *Managing By Design*, Organizational Design and Development Inc. 1986

CERTIFICATIONS AND AWARDS

- ADHD Coaches Organization Founders Award 2017
- CHADD Hall of Fame, Inductee 2016
- International Coach Federation, Master Certified Coach, 2004. Recertified 2016
- Center for Credentialing & Education (CCE). Board Certified Coach 2016
- Service Core of Retired Executives (SCORE). Client of the Year, DC May 2009
- Institute for the Advancement of ADHD Coaching, Senior Certified ADHD Coach 2007

MEMBERSHIPS

- Institute of Coaching 2013-2016
- Association for Higher Education and Disabilities (AHEAD) 2012-present
- Association for Coach Training Organizations (ACTO) 2011-present
- ADHD Coaches Organization (ACO) 2006-present
- Institute for the Advancement of ADHD Coaches. Founding Member 2004– 2013
- American Coaching Association 1996–Present
- American Counseling Association 1996–2015
- Children and Adults with Attention Deficit Disorder (CHADD) 1997–Present
- Attention Deficit Disorder Association (ADDA) 1998–Present
- International Coaching Federation 1998–Present
- Greater Washington Alliance of Coaches 1997–2000
- Innovative Speakers Group, Herndon, VA 1997-1999
- Personal and Professional Coaches Association 1997
- UMASS Amherst Alumni Association 1990-present