

2019 Course Topics

ICF Core Competencies – A Deep Dive to Build Skills and Expertise

Understanding the ICF ACC Markers

Coaching Practicum and Group Mentoring

Ethics in Coaching

Strengths Based Coaching

Mindset

Understanding the Brain and ADHD

Executive Functioning

ADHD Coaching for Children

Developmental Stages in Coaching

Understanding Behavior for Effective Coaching

Motivation, Resiliency, Developmental Assets

Coaching Skills to Support Student Challenges

Skills for Success for Teens and College Students

Coaching Practicum

30-week distance learning course – 2-hour lessons