



## **Advanced Coaching Skills Practicum**

**20 ICF CCEUs**

**Includes seven (7) group mentoring hours**

Individual Mentoring Options available

Eager to complete your preparation for your ICF, CCE-Global or PAAC credential? Ready to take a course to fulfill your ICF re-certification hours and sharpen your coaching skills at the same time?

The JST Advanced Coaching Skills Practicum is for you! This 10 week/20 hour program is designed help new and experienced coaches fine-tune their coaching skills in a small group setting while earning 20 CCEUs for first time credentialing or renewal of a credential.

The course will focus on role-playing with feedback from the facilitator and peer coaches following the ICF core competencies. This course is **open to all coaches** and includes preparation for the ADHD coach certification process in addition to ICF and CCE-Global. We will tailor the role-playing and case studies to align with your client base.

### **During each session we will**

- Discuss coaching skills and core competencies
- Practice coaching with class members
- Receive and give feedback to class members
- Learn strategies for more effective coaching
- Build a coaching network with your classmates

### **Course includes:**

- Structured feedback from group facilitator and peer coaches
- Teen, college and adult client role-play options
- Focus on the ICF Coaching Core Competencies
- Blend of life coaching and ADHD specific coaching skills, as needed for the group.
- MP4 video recordings of each class